****

### Introduction to Sphere Workshop

Date: Saturday 3 December, 7-12h CET (5h)

Participants: All Hands and Hearts staff and volunteers, Jaroslaw, Poland

Objective: To familiarise participants with the structure of the Sphere Handbook, its principles and standards, and how to use them in humanitarian response.

By the end of this workshop, participants will be able to:

* Explain the Sphere philosophy and use the Sphere handbook;
* apply minimum humanitarian standards and guidelines to specific challenges encountered in their daily work;
* demonstrate how listening to people and adjusting programming helps displaced persons in regaining dignity, well-being, and influence over their lives.

Facilitators Sphere: Felicity Fallon (FF) and Daria Pistriak (DP)

7h00-7h40 Welcome, introductions and warm-up exercise

7h40-7h50 Sphere and you

*7h50-8h00 Break*

8h00-8h55 Deep dive into the Sphere handbook – Finding guidance on humanitarian topics e.g. mental health, protection, shelter, WASH, community engagement (group work using phones and PCs if participants have access)

*8h55-9h05 Break*

9h05-10h00 Deep dive into two Sphere minimum standards: 1) Access and water quality 2) Access to and use of toilets (practical exercise)

*10h00-10h05 Break*

10h05-10h35 How to use indicators to improve quality and accountability (group work using cartoons)

10h35-10h55 The Humanitarian Charter

*10h55-11h Break*

11h-11h30 Sphere quiz

11h30-12h00 Q&A, next steps on your Sphere journey, evaluation