



مؤسسة مسلمي آسيا الخيرية
Yayasan Muslim Asia

HUMANITARIAN CENTER **SUMATERA UTARA**

Introduction to Sphere for Psychosocial Volunteers in Medan, North Sumatera, Indonesia

2023

Location Program
Medan City

2018

Pusat Kemanusiaan Sumatera Utara

Alamat : Jl.Beo No.39A Kelurahan Sei Sikambing B, Kecamatan Medan Sunggal, Kota Medan Sumatera Utara

Introduction to Sphere for Psychosocial Volunteers in Medan, North Sumatera, Indonesia

A. Location Plan Map of Regencies of North Sumatera

1. The training implementation time is planned to be held on:
Friday, 9 Desember 2023 (Online Zoom Meeting)
Link Zoom: : :
<https://us02web.zoom.us/j/81246663729?pwd=ckN4ciswblZRTmt2ZzBMbGE3ajVOdz09>
Meeting ID: 812 4666 3729 Passcode: 736854
2. Tuesday, 12 December 2023 (Offline in Office Training HC North Sumatera)
Place of execution: North Sumatera Humanitarian Office
Jl. Beo No.39A, Sei Sikambing B, Kec. Medan Sunggal, Medan City, North Sumatera 20122

B. Time Implementation

Program by HC North Sumatera at Medan City Regency will take time:

Month/Year : 9 December and 12 December 2023

Days : 2 days

C. Program

Introduction to Sphere for Psychosocial Volunteers in Medan, North Sumatera, Indonesia.

This activity is a collaboration with Ma'had Abu Ubaidah Al-Jarrah as a participant.

D. Program Goals

The aim of this activity is to prepare volunteers who will be given knowledge and skills so that they can provide initial psychosocial assistance to disaster victims. to become a strong and professional volunteer.

Training of Psychosocial Volunteers with Sphere Standards

1. Introduction to Sphere Standards

Purpose and Scope: Explain the Sphere Standards as a set of guidelines for humanitarian response, emphasizing their relevance to psychosocial support.

Core Principles: Highlight key principles such as humanity, impartiality, and accountability, and discuss their application in psychosocial interventions.

Pusat Kemanusiaan Sumatera Utara

Alamat : Jl.Beo No.39A Kelurahan Sei Sikambing B, Kecamatan Medan Sunggal, Kota Medan Sumatera Utara

2. Understanding Psychosocial Needs in Humanitarian Settings

Definition and Scope: Define psychosocial support and its importance in addressing emotional and social needs during crises.

Impact of Crisis: Discuss how crises and disasters affect mental health and well-being, emphasizing the need for sensitive and effective support.

3. Application of Sphere Standards in Psychosocial Support

Humanitarian Principles: Explore how principles like dignity, non-discrimination, and community participation guide psychosocial interventions.

Coordination and Collaboration: Highlight the importance of working with local partners and other sectors to deliver integrated psychosocial care.

4. Practical Skills and Techniques

Psychosocial Assessment: Train volunteers in conducting culturally sensitive assessments to identify needs and vulnerabilities.

Trauma-Informed Approaches: Introduce techniques for providing trauma-informed care, emphasizing safety, trustworthiness, and empowerment.

Cultural Competence: Provide tools and strategies for understanding and respecting cultural differences in psychosocial support.

5. Ethical Considerations

Confidentiality and Consent: Discuss ethical guidelines for maintaining confidentiality and obtaining informed consent in psychosocial interactions.

Professional Boundaries: Address the importance of maintaining professional boundaries and ethical behavior in all interactions with beneficiaries.

6. Case Studies and Role-Playing

Simulation Exercises: Conduct role-playing scenarios based on real-life situations to practice applying Sphere standards in psychosocial support settings.

Case Studies: Analyze case studies to explore ethical dilemmas and decision-making processes in psychosocial interventions.

This structured training approach ensures that psychosocial volunteers are equipped with the knowledge, skills, and ethical awareness necessary to provide compassionate and effective support aligned with Sphere standards in humanitarian settings.

Pusat Kemanusiaan Sumatera Utara

Alamat : Jl.Beo No.39A Kelurahan Sei Sikambing B, Kecamatan Medan Sunggal, Kota Medan Sumatera Utara

E. Number and Target of Participants

This training is planned to be attended by 40 participants from Ma'had Abu Ubaidah Al-Jarrah. Below are 30 temporary data.

Pusat Kemanusiaan Sumatera Utara

Alamat : Jl.Beo No.39A Kelurahan Sei Sikambang B, Kecamatan Medan Sunggal, Kota Medan Sumatera Utara

No	Name	Gender
1	M Irsyad Habibi	Man
2	Muhammad Fathoni	Man
3	Gymbo Wirayuda	Man
4	Muhammad Alif Faundra	Man
5	Muhammad Azim	Man
6	Zidan Azbia Faruuq Siregar	Man
8	Bobby Chandra	Man
9	Ihsan Rifai Sitakar	Man
10	Amiruddin Ujung	Man
11	Muhammad Iqbal	Man
12	Ariz Dhorif Damanik	Man
13	Muhammad Farhan Pulungan	Man
14	Syahrin Mubarak	Man
15	Rendy Rezki	Man
16	Muhammad Alimmul Ammar	Man
17	Hafizur Rahman	Man
18	Rahmatsyah	Man
19	Ahmad Bama Ardiansyah	Man

Pusat Kemanusiaan Sumatera Utara

Alamat : Jl.Beo No.39A Kelurahan Sei Sikambing B, Kecamatan Medan Sunggal, Kota Medan Sumatera Utara

20	Diki Wahyudi	Man
21	Azmi Syahid	Man
22	Maulana Assubhi	Man
23	Bangun Simamora	Man
24	Muhammad Shidqi	Man
25	Alan Martua Harahap	Man
26	Rafli Romadhon	Man
27	Muhammad Ilza Kurnia	Man
28	Aldi Yusuf Sahputra	Man
29	Muhammad Tsabit Al Amin	Man
30	Rafindo Purba	Man

F. Trainer

No	Name	Description	Organization
1	Head Office AMCF Jakarta	<ul style="list-style-type: none">➤ Profile AMCF➤ Pengantar Management Bencana➤ Program Kemanusiaan	AMCF
2	Crew HC North Sumatera and Psikologi USU	<ul style="list-style-type: none">➤ Peran Relawan & Layanan dukungan Psikososial saat tanggap Darurat➤ Simulasi kegiatan Psikososial	AMCF HC North Sumatera and Psikologi USU

Pusat Kemanusiaan Sumatera Utara

Alamat : Jl.Beo No.39A Kelurahan Sei Sikambing B, Kecamatan Medan Sunggal, Kota Medan Sumatera Utara

G. Committee

Event Coordinator : M. Imam Syahputra Munandar
Section Event : *Team Imamah Ma'had Abu Ubaidah*
Section Consumption : *Team Imamah Ma'had Abu Ubaidah*
Section Infrastructure : *Team Imamah Ma'had Abu Ubaidah*

H. Event Rundown

1. Online Zoom Meeting (8 December 2023)

Time	Description	Person Responsible
09:00 - 09:15	Registrasi Peserta	Google Form
09:30 - 10:00	Pengenalan Profile AMCF	Head Office Jakarta
10:00 - 10:30	Pengantar Management Bencana	Head Office Jakarta
10:30 - 11:15	Program Kemanusiaan AMCF	Head Office Jakarta
11:15 - 11:20	Penutup	AMCF

2. Offline in Office Training HC North Sumatera (12 December 2023)

Waktu	Kegiatan	Person Responsible
09:00 - 10:00	Registrasi Peserta	Panitia
10:00 - 10:45	Arahan dari Pendiri Yayasan	-
10:45 - 11:45	Peran Relawan Saat Tanggap Darurat	Crew HCSU
11:45 - 13:00	ISOMA	Panitia
13:00 - 14:00	Layanan Dukungan Psikososial Saat Tanggap Darurat	Psikologi USU
14:00 - 15:00	Simulasi kegiatan psikososial.	Psikologi USU
15:00 - 15:15	Penutup	Crew HCSU

Pusat Kemanusiaan Sumatera Utara

Alamat : Jl.Beo No.39A Kelurahan Sei Sikambing B, Kecamatan Medan Sunggal, Kota Medan Sumatera Utara

Medan, 05 December 2023

Prepared by,

Field Coordinator

Akuntan

Administrator

M. Svahputra Imam Munandar

Ahmad Svuhari

Boby Marfansvah Maduwu

Reviewed by,

HB/HC Coordinator

Director of AMCF

Taufan Darmawan, SE, M.Si

Ahmad Faisal Siregar, SE, Ak, MM