**International Training on Sphere and
Revised CHS Standards 2024
September 18th - 19th, 2025, Bangkok Thailand**

Day 1: Training Agenda

Time	Training Sessions
9:00 AM – 09: 30 AM	Opening and objectives of the training ▪ Interfaith prayer and introduction ▪ Welcome and Opening Remarks ▪ Introduction of participants, Workshop Objectives and Workshop Agenda ▪ Context Setting ▪ Expectations collection *Description: This opening session sets the stage for the course providing background and context, the expected outcomes, areas to be covered and the modus operandi over the next 2 days.*
9:30 AM – 10: 30 AM	What is Sphere – Standards in Context: ▪ What is Sphere? Areas of Focus: ▪ Basic Concepts ▪ Humanitarian Lifesaving context ▪ The Humanitarian Charter ▪ Protection Principles
10:30 AM – 11: 00 AM	Tea Break
11:00 AM – 12: 15 PM	Using Sphere in Practice: Why is it useful in project planning? Brief Summary: This module introduces participants to the basic concepts and approaches to Sphere during planning, managing and monitoring for results.. Areas of Focus: ▪ Sphere and the Programme Cycle ▪ Sphere and Coordination ▪ Relate the Sphere Handbook to different response contexts ▪ Explain the use of the Handbook at different stages of the programme cycle ▪ Describe the vulnerabilities and capacities of people in need of assistance ▪ Explain the importance of markets and cash-based assistance in response **Group Work Exercise**
12:15 PM – 1:30 PM	Lunch Break

Time	Training Sessions
1:30 PM – 2:30 PM	Sphere Sectors – WASH Group Work around WASH Sector and key WASH indicators - Explain the primary objective and three essential concepts behind WASH programming - Identify the main transmission pathways of infectious pathogens and barriers to break the chains of transmission - Use some of the technical numerical indicators with enhanced confidence and understanding - Relate the quantitative technical aspects of Sphere to its foundational rights-based aspects
3:00 PM	Working Tea
2:30 PM – 4:00 PM	Sphere Sectors – Food Security and Nutrition Group Work around Food Security and Nutrition Sector and key Food Security and Nutrition indicators • Explain the links between the food and nutrition sector and other response sectors • Visualise and describe one of the most commonly cited indicators –the minimum daily food energy requirement • Use common food and nutrition terms and acronyms correctly when reading assessment reports or contributing to multi-sectoral discussions • Choose between food response strategies based on contextual factors

Day 2: Training Agenda

Time	Training Sessions
9:00 AM – 09: 30 AM	Reflections of Day1
9:30 AM – 10: 30 AM	Sphere Sectors – Shelter and Settlement Group Work around Shelter and Settlement Sector and key Shelter and Settlement indicators ▪ Apply Sphere guidance to improve shelter assistance for immediate emergency programming and for the longer term ▪ Visualise some commonly cited Sphere shelter indicators and describe them in "human terms" rather than simply as numbers ▪ Identify strengths and challenges of different shelter programming options in different contexts
10:30 AM – 11: 00 AM	Tea Break
11:00 AM – 12: 00 PM	Sphere Sectors – Health Group Work around Health Sector and key Health indicators ▪ Explain the general focus and goals of a humanitarian health response programme ▪ Outline the scope of the Sphere standards for health ▪ Calculate the crude mortality rate and explain its role as an overall indicator ▪ Apply the Health Assessment Checklist as a generalist to highlight possible gaps in assessment data for an example health response

12:00 PM – 12:30 PM	Sphere, Assessment and Analysis ▪ Explain the importance and focus of assessment at different phases in a crisis ▪ Cite Sphere guidance for assessments in each phase ▪ Convert appropriate Sphere indicators into useful humanitarian assessment questions ▪ Contribute to the design of multi-sector assessments Sphere and MEAL ▪ Describe and advocate for the monitoring, evaluation, accountability, and learning (MEAL) approach ▪ Find and use additional training materials and tools supporting MEAL ▪ Link and use relevant sections of the Sphere Handbook in support of the MEAL approach
12:30 PM – 1:30 PM	Lunch Break
1:30 PM – 2:30 PM	Revised CHS Standards Group Work around CHS 2024 - Locate and apply the nine Commitments of the Core Humanitarian Standard (CHS) to your own work - Identify challenges to humanitarians in meeting the commitments of the CHS and propose ways to overcome them
3:00 PM	Working Tea
2:30 PM – 3:45 PM	Apply CHS into Project Cycle Management Group Work
3:45 PM – 4:00 PM	Evaluation and Certificate distribution