**1.5h in-person Sphere workshop: LSTM** A picture containing graphics, graphic design, font, logo

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| Time | Description | Resources |
| 10 mins | **How well do you know Sphere?**  Heard before this trip?  Read any of the handbook?  Used Sphere in your professional life? |  |
| 10 mins | **Give brief history of Sphere.**  The handbook is written by humanitarians, for humanitarians.  Foundation chapters and 4 life-saving technical chapters.  Sphere Project started in 1997, first Handbook in 2000.  Now fourth edition, 49 languages.  More than a handbook, but a global network.  Tough times for sector, and for Sphere.  Planning 5th edition nonetheless – need your help. |  |
| 20 mins | **Deep dive into the Sphere handbook.**  Ask participants to download handbook.  Distribute paper copies if you have them.  Task: **You are working on the Polish border, on a new emergency shelter for Ukrainian refugees.**  **You are asked for advice on the following issues:**   * **Organising the living space in the shelter** * **Promoting good hygiene practices in the shelter** * **Ensuring that refugees’ nutritional needs are met** * **Taking care of the mental health needs of staff and residents** * **Ensuring residents can participate in decisions that affect them, and give feedback**   Ask students to stand near the poster with the theme they want to work on. That is their group. Ask them to note on the flipchart all the references they can find in the Sphere Handbook that will help them give advice on their issue.  Go round the groups, helping them find references throughout the handbook, asking them to write out relevant standards in full, and to list indicators where appropriate. | A3 posters with each issue stuck to walls of classroom |
| 10 mins | **Debrief: Ask each group to present their findings in turn.**  **Debrief: How useful did you find the handbook?**  Show how their answers came from different parts of the Sphere Handbook. No one chapter exists in isolation. Technical chapters and cross-cutting themes. Explain the difference between standards and indicators. Use 15l and 3.5 m2 as examples. Discuss contextualisation.  **Key message:** There is a lot of information in the Sphere handbook! Importance of contextualisation and involvement of local population. |  |
| 10 mins | **Health Chapter: Individual Reflection**  p.290 Choose one Health standard that is particularly relevant to your work or background. Read it.  Why did you choose that standard? How useful did you find the guidance? |  |
| 20 mins | **Revision: Help us make it better!**  Bus stop tour  How can we improve the next Sphere Handbook. Ideas please!  Who do we need to consult to improve the Health Chapter of the next handbook? How can we reach them?  What do you think stops people from using the Sphere Handbook?  How do you think AI will influence the next Handbook? | A3 posters with each issue stuck to walls of classroom |
| 10 mins | **Questions/Comments/Evaluation** |  |